

## Program Learning Report

**Program Name: Exercise and Sport Science**

**Date: September 17, 2012**

**Author: Will Jonen**

Program SLOs	Evidence of Industry Validation (CTE programs)	Expected Level of Achievement	COURSE(S) ASSESSED	Assessment Strategy/ instrument	Results of Program Assessment <sup>1</sup>	Next Steps <sup>2</sup>
1. Identify the educational requirements for various career pathways within exercise science		≥ 70%	ESS 180	Course Examinations  AND  Career Explorations Paper (CEP)	42/50 = 84% achieved 70% proficiency or greater  42/50 completed a CEP	Continue working with CELTT to improve my use of Blackboard Collaborate to deliver this online course.

Please complete the table above. Please also submit:

1. Grid showing alignment of courses to program outcomes
2. If the program outcomes have not all been assessed this year, please include an assessment plan: what outcomes will be assessed, when they will be assessed and how will they be assessed

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<sup>1</sup> Results of program assessment: % of students who met the outcome(s) and at what level they met the outcome(s)

<sup>2</sup> Next Steps: what will the program do to improve the results? Next steps can include revision to syllabi, curriculum, teaching methods, student support, and other.

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3. Demonstrate the appropriate knowledge, skills, and abilities for client assessment and exercise program design for apparently healthy individuals and those at risk for lifestyle related diseases	American College of Sports Medicine Personal Trainer Certification Examination	<p style="text-align: center;">Course Exams ≥ 70%</p> <p style="text-align: center;">National Certification Exam: ≥ 90%</p>	<p>ESS 190 ESS 215 ESS 273</p>	<p>Course Examinations</p> <p style="text-align: center;">AND</p> <p>ACSM-cpt Program Pass Rate</p>	<p>ESS 190 (FA11): 22/23=96%....</p> <p>ESS 215 (SP10-FA11): 24/26=92%....</p> <p>ESS 273 (SP10-SP12): 31/34=91%....</p> <p>...achieved 70% proficiency or greater.</p> <p><u>SP10-SP12</u> 28/29=97% passed the ACSM-cpt exam.</p>	<p>AY2012-2013: Introduce rubrics for the skills assessed in ESS 190 and ESS 273.</p> <p>AY 2013-2014: Begin video recording of beginning client assessment and program design (ESS 190 &amp; 273).</p>

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4. Communicate and interact effectively with clients, fitness professionals, and healthcare professionals.	Off-campus professional internship	Off-campus internship: ≥ 90% of students receive an evaluation of “Satisfactory” or better.	ESS 294	Internship Evaluation	(SP10-SP12): 29/31=94% achieved evaluations of “Satisfactory” or greater.	By January 2013: Design an evaluation rubric for internship evaluators.
		Course exams: ≥ 70%	ESS 253, 253L, 254, 254L	Course Exams	(253): 23/25=92% (253L): 22/25=88% (254): 29/37=78% (254L): 30/35=86% ...achieved 70% proficiency or greater.	Review competencies to reduce redundancies across courses.
		On-campus practical training ≥ 90% receive a “Pass” evaluation from the instructor	ESS 273	Instructor	(SP10-SP12): 32/34=94% received a “Pass” grade.	By January 2013: Design an evaluation rubric for the students.

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5. Operate within the scope of practice as well as the ethical and legal parameters that have been established by national fitness and certifying agencies.						AY 2012-2013: Submit a Program Action Request (PAR) to delete this SLO.

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Demonstrate a commitment to professional excellence, and in doing so promote a positive image for the fitness profession in the community.						AY 2012-2013: Submit a Program Action Request (PAR) to delete this SLO.

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<sup>2</sup> Next Steps: what will the program do to improve the results? Next steps can include revision to syllabi, curriculum, teaching methods, student support, and other.<sup>7</sup>

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6. Demonstrate the appropriate knowledge, skills, and abilities to pass national certification exams.	American College of Sports Medicine Personal Trainer Certification Examination	National Certification Exam: ≥ 90%		ACSM-cpt Program Pass Rate	<u>SP10-SP12</u> 28/29=97% passed the ACSM-cpt exam.	Continue preparations to apply for Commission on Accreditation of Allied Health Education (CAAHEP) accreditation.

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