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<tr>
<td>1. Identify the educational requirements for various career pathways within exercise science</td>
<td></td>
<td>≥ 70%</td>
<td>ESS 180</td>
<td>Course Examinations AND Career Explorations Paper (CEP)</td>
<td>42/50 = 84% achieved 70% proficiency or greater</td>
<td>Continue working with CELTT to improve my use of Blackboard Collaborate to deliver this online course.</td>
</tr>
</tbody>
</table>

Please complete the table above. Please also submit:

1. Grid showing alignment of courses to program outcomes
2. If the program outcomes have not all been assessed this year, please include an assessment plan: what outcomes will be assessed, when they will be assessed and how will they be assessed

---

1 Results of program assessment: % of students who met the outcome(s) and at what level they met the outcome(s)
2 Next Steps: what will the program do to improve the results? Next steps can include revision to syllabi, curriculum, teaching methods, student support, and other.
Program Learning Report

Program Name: Exercise and Sport Science  
Date: September 17, 2012  
Author: Will Jonen

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| 3. Demonstrate the appropriate knowledge, skills, and abilities for client assessment and exercise program design for apparently healthy individuals and those at risk for lifestyle related diseases | American College of Sports Medicine Personal Trainer Certification Examination | Course Exams ≥ 70% | ESS 190  
ESS 215  
ESS 273 | Course Examinations  
AND  
ACSM-cpt Program Pass Rate | ESS 190 (FA11): 22/23=96%....  
ESS 215 (SP10-FA11): 24/26=92%....  
ESS 273 (SP10-SP12): 31/34=91%.... | AY2012-2013: Introduce rubrics for the skills assessed in ESS 190 and ESS 273.  

---

1 Results of program assessment: % of students who met the outcome(s) and at what level they met the outcome(s)

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ESS 273 | Course Examinations  
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ACSM-cpt Program Pass Rate | ESS 190 (FA11): 22/23=96%...  
ESS 215 (SP10-FA11): 24/26=92%...  
ESS 273 (SP10-SP12): 31/34=91%... ...achieved 70% proficiency or greater. | AY2012-2013: Introduce rubrics for the skills assessed in ESS 190 and ESS 273.  

---

<sup>1</sup> Results of program assessment: % of students who met the outcome(s) and at what level they met the outcome(s)  
<sup>2</sup> Next Steps: what will the program do to improve the results? Next steps can include revision to syllabi, curriculum, teaching methods, student support, and other.
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<td>and healthcare professionals.</td>
<td></td>
<td>of students receive an evaluation of “Satisfactory” or better.</td>
<td></td>
<td></td>
<td>(253): 23/25=92% (253L): 22/25=88% (254): 29/37=78% (254L): 30/35=86% ...achieved 70% proficiency or greater.</td>
<td>Review competencies to reduce redundancies across courses.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Course exams: ≥ 70%</td>
<td>ESS 253, 253L, 254, 254L</td>
<td>Course Exams</td>
<td>(SP10-SP12): 32/34=94% received a “Pass” grade.</td>
<td>By January 2013: Design an evaluation rubric for the students.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>On-campus practical training</td>
<td>ESS 273</td>
<td>Instructor</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>≥ 90% receive a “Pass” evaluation from the instructor</td>
<td></td>
<td></td>
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<td></td>
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\(^1\) Results of Program Assessment

\(^2\) Next Steps
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| Program SLOs | Evidence of Industry Validation (CTE programs) | Expected Level of Achievement | COURSE(S) ASSESSED | Assessment Strategy/ instrument | Results of Program Assessment | Next Steps  
|--------------|-----------------------------------------------|------------------------------|--------------------|--------------------------------|-------------------------------|---------  
| 5. Operate within the scope of practice as well as the ethical and legal parameters that have been established by national fitness and certifying agencies. | | | | | | AY 2012-2013: Submit a Program Action Request (PAR) to delete this SLO. |

---

1. Results of program assessment: % of students who met the outcome(s) and at what level they met the outcome(s)  
2. Next Steps: what will the program do to improve the results? Next steps can include revision to syllabi, curriculum, teaching methods, student support, and other.
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<td>Demonstrate a commitment to professional excellence, and in doing so promote a positive image for the fitness profession in the community.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>AY 2012-2013: Submit a Program Action Request (PAR) to delete this SLO.</td>
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¹ Results of program assessment: % of students who met the outcome(s) and at what level they met the outcome(s)
² Next Steps: what will the program do to improve the results? Next steps can include revision to syllabi, curriculum, teaching methods, student support, and other.
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<tr>
<td>6. Demonstrate the appropriate knowledge, skills, and abilities to pass national certification exams.</td>
<td>American College of Sports Medicine Personal Trainer Certification Examination</td>
<td>National Certification Exam: ( \geq 90% )</td>
<td></td>
<td>ACSM-cpt Program Pass Rate</td>
<td>SP10-SP12 28/29 = 97% passed the ACSM-cpt exam.</td>
<td>Continue preparations to apply for Commission on Accreditation of Allied Health Education (CAAHEP) accreditation.</td>
</tr>
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\(^1\) Results of program assessment: % of students who met the outcome(s) and at what level they met the outcome(s)  
\(^2\) Next Steps: what will the program do to improve the results? Next steps can include revision to syllabi, curriculum, teaching methods, student support, and other.